Stop the Spread of COVID-19

How long should quarantine or isolation last?

QUARANTINE

For people exposed to a person who tested positive for COVID-19

14 days after last exposure, IF no symptoms have developed, even if your initial test is negative.

ISOLATION

For people positive for COVID-19 with symptoms who are isolating at home

AT LEAST 24 HOURS since last fever without the use of fever-reducing medications **and** other symptoms have improved, AND

10 days have passed since symptoms first appeared.

For people positive for COVID-19 with NO symptoms

10 days have passed since the date of the positive COVID-19 diagnostic test with no illness.

For people hospitalized for COVID-19 with severe illness

AT LEAST 24 HOURS since last fever without the use of fever-reducing medications **and** other symptoms have improved, AND

20 days have passed since symptoms first appeared.

A test-based strategy could also be considered for some patients (e.g., those who are severely immunocompromised) in consultation with local infectious diseases experts if concerns exist for the patient being infectious for more than 20 days.